

Monthly Newsletter

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PRACTICE TRAINING

The practice is closed once a month for staff training from 1:30 – 6:30

Please see the dates below for closures. We thank you for your patience and are sorry for any inconvenience this may cause during this essential training.

March 16th
April 18th
May 17th
June 15^h
July 18th

Opening Hours

Our Surgery opening hours are 8:30 – 6:00
Monday to Friday
Our Telephone lines are open for emergency call between 8:00-8:30 & 6:00 6:30. Please note this is for emergencies only. If it not an emergency you will be asked to call back during surgery opening hours.

Bruton Life

Bruton Community Hall is a very useful venue for events of all sorts! The website is: <https://www.brutoncommunityhall.com>

The SunM is now located at the Bruton Unionist club for your Chinese takeaway – please order online or phone 0745947549

Please check The Unionist Club facebook page for local events coming up and bands or hiring for special occasions

A Day in the life of our HEALTH COACHES

Our Health Coaches are led by Sara Francis – performance and Outcomes Manager.

Our Health Coaches are

Beth Wickes
Dawn East
Alison Hicks

“Health and wellbeing coaches support people to increase their ability to self-manage, their motivation levels and commitment to change their lifestyle. We focus on improving health related outcomes by working with people to set personalised goals and change their behaviours, such as weight management, improving sleep, reducing stress, and becoming more active. We also work with people with physical and/or mental health conditions and those at risk of developing them.

Being such a varied role there is no such thing as a typical day for me; one moment I’m attending multi-disciplinary team meetings discussing how best to support patients, the next I could be referring a patient for a wheelchair assessment or to the diabetes prevention programme, checking patients’ well-being after discharge from hospital, signposting them to community-based activities and support services, helping patients manage long-term pain, or simply being a shoulder to cry on.

The role is incredibly rewarding and, alongside all the staff at Bruton Surgery, we’re here to support our patients with all manner of health and well-being related issues to enable them to live the lives they want.”

Beth Wickes

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Website

Please visit our website at bruton.surgery@nhs.net to find out lots of information about the surgery:

- Opening Hours
- Registrations
- Appointments
- COVID 19 information and vaccine programme
- Ukranian Refugees
- Accessibility
- Vacancies
- Services and Support
- Patient support group
- Contact details

And much more

ASKMYGP

If you have not already signed up to askmygp please ask one of the reception team to send you a link, we simply need an e-mail address. You can use this to request an appointment with a GP rather than wait on the phone. This is the most direct way to contact your GP.

Prescriptions

Please allow 7 working days when ordering repeat medication. The practice usually processes prescription requests within 24 hours (1 working day), but additional time may be required by the pharmacy to ensure adequate stocks.

This month's focus is BOWEL CANCER
Millions of people in England have been sent a lifesaving home testing kit that can detect early signs of bowel cancer And are being encouraged to use it and return it, as part of a new, first-of-a-kind NHS campaign.



Latest data shows the proportion of people choosing to participate in bowel screening has increased to 70.3% – the highest on record. However, almost one third (30%) of people aren't returning their test kit.

People aged 60 to 74 years who are registered with a GP practice and live in England are automatically sent a FIT kit every two years. As part of plans to lower the age of people that receive the test to age 50 by 2025, 56-year-olds are sent the test kit and it is currently being rolled out to 58-year-olds.

The FIT kit is quicker to use than the previous bowel cancer screening home testing kit. To use it, people simply need to collect a tiny sample of poo using the plastic stick provided, pop it in the sample bottle; and send it free of charge to the NHS for tests in a laboratory.

Screening is vital in helping the NHS detect bowel cancer at the earliest stage, when it is more likely to be successfully treated.

If you receive a kit we would encourage you to complete this simple and easy test. This could help detect early signs of the disease and be a life saver.

In February there were:

632

Nursing and HCA Appointments



678

Face to Face Appointments



940

Telephone Appointments



85

Missed Appointment