

deafPLUS

breaking through barriers



Mobile Advisory Service Somerset Services available

- Hearing aid maintenance clinics
- Equipment demonstrations
- Advice and information through our advice surgeries on the following dates and locations through October.

*** CANCELLED* 23rd September 1pm-3pm
Shepton Mallet Community Hospital**

**6th October 10am-12pm Shepton Mallet
Shape Mendip Hub BA4 5BT**

**11th October 10-12pm Lip reading group
Grace Church Wirral Park Road
Glastonbury BA6 9FR**

***Venue to be confirmed* 12th October 10-12pm Frome Lip reading group The Bennett Centre, Vicarage Street, Frome. BA11 1PX (please check Facebook or call the number below).**

**12th October 2.30pm-4.30pm Castle Cary
Lip reading group Market House, Market Place, Castle Cary. BA7 7AH**

**13th October 10am-12pm Highbridge
Oaktree Arena TA9 4HA**

**18th October 1.30am-3pm Bridgwater
West Bow House TA6 7RT**

**20th October 10am-12pm Ilminster
Lipreading, Ille Centre Frog Lane TA19 0AP**

NEWSLETTER

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**20th October 12.30pm-2pm Ilminster
Tesco Shudrick Lane Car Park TA19 0BQ**

**25th October 10.30am-12pm Taunton
Newton Road TA1 2XQ**

**25th October 1.30-3pm Langport Whatley
Car Park**

**27th October 10am-2pm Yeovil Health &
Wellbeing Gateway Church BA20 1QN**

**For further information you can contact
Stewart on stewart.weston@deafplus.org**

07762 848226

**Or follow us on Facebook Deafplus
Somerset**

Somerset Lip Reading classes

What are the benefits of attending a lipreading class?

Sharing experiences enable us to understand how best to listen and look for all the clues to get the gist of a conversation. We must do what works for us.

By sharing good communication strategies and tactics and by developing mental flexibility, we boost our confidence, and that helps to reduce social isolation.

Having a sympathetic group where strategies can be tried out and practised is so useful.

Lipreading and communication tips and skills can be shared; so too are views and opinions on equipment and technology (we can sometimes try out devices).

Friendships are often formed at these groups – one member said that the lipreading session was the highlight of his week. Why? They were able to share in the conversation,



to have a laugh and not be afraid of getting anything wrong. Everyone was in the same situation. Their confidence and assertiveness improved for them to be able to continue to attend their other community groups.

There are so many reasons for going to a lipreading class not least for the social interaction with a group of people who have similar experiences to oneself.

Why not try a class for yourself?

Classes run across Somerset, Monday to Thursday.

This academic year they will operate two ten-week classes and one term of taster, drop-in sessions, and networking with the aim of increasing attendance from newcomers.

Lipreading classes near you:

NEW AUTUMN TERM UPDATE:

"NEW DATES "

**GLASTONBURY- Monday 4th October
10.30-12.30, Landmark House. BA6 9FR.**

**FROME- Tuesday 5th October 10-12 venue
TBC. (please check Facebook or call the
number below).**

**CASTLE CARY - Tuesday 5th October
2.30-4.15 @ Market House, CC. BA7 7AH**

Thursday's 10-12 Victoria Hall Yeovil Day Centre South Street Yeovil BA20 1QE

Wednesday's 10-12 Ille Youth & Community Centre Frog Lane Ilminster TA19 0AP

Wednesday's 1.30-3.30 The Meeting Room Langport Town Hall Bow Street Langport, TA10 9PR * NEW VENUE*

Thursday's 10-12 Rosewood Community Hall Rosewood Close Burnham on Sea TA8 1HG

Thursday's 1.30-3.30 St Matthews Green Hall West Street Bridgwater TA6 3RP

Further information about classes can be obtained by calling the Bath office on 01225 446555 or email either

alex.machin@deafplus.org or
tina.hunt@deafplus.org



The NHS needs its unused equipment back

Urgent appeal for the return of community healthcare equipment

Millbrook Healthcare is making an urgent appeal to its service users on behalf of Somerset County Council and Somerset NHS: if you have any of our community healthcare equipment you no longer need, please can you contact us, to arrange for it to be collected. Our collections are free and contactless and where possible, we will pick up the items from your home to ensure everybody stays safe.

Our priority is to collect these items of equipment:

Wheeled walkers

Toilet seat and frames

Shower stools

Perching stools:

This equipment is loaned on behalf of the NHS and local authority social care teams when people leave hospital or after a period of illness, to help them stay safe at home and retain their independence.

The Covid-19 pandemic has increased demand for this equipment and created shortages in supply. If anyone has Millbrook Healthcare equipment they no longer need, please get in touch to book a free collection so that it can be reused to help others who are in need. Some items of equipment which are reissued may have small chips and scratches, but all equipment issued has been deep cleaned, serviced, and is fit for reissue.

Please call Millbrook Healthcare on 0333 003 2407 between 9am and 5pm, Monday to Friday to arrange a contactless collection, free of charge.

